

SELECTION NORMS FOR ENROLLMENT IN THE NATIONAL SPORTS ACADEMY

1. Students who have passed class V standard and between the age group of 11 to 12 years as on 1st April, 2018 are eligible for participation in the selection test. Eligible candidates who are willing to participate in the selection test shall apply in the prescribed application form. Application forms shall be made available at Administrative office, NSA and District Youth Affairs & Sports office concerned on payment of Rs.100/- (One hundred only). Last date of form submission is 15th March, 2018. Concerned District Youth Affairs & Sports officers are requested kindly to ensure submission of dully filled in application forms to the Administrative office, NSA Khuman Lampak Sports Complex, Imphal along with the price of the application forms on or before 15th March, 2018. Application forms submitted after the date line shall not be considered.
 2. Selection process shall consist of 4 (four) phases, i.e. *(i) Age verification & medical fitness test (ii) Motor ability test (iii) Specific test and (iv) Written test.*
 3. **(i) Age verification & medical fitness test :**
A team of Medical expert will conduct age verification & medical fitness test at RIMS Hospital, Imphal.
 - (ii) Motor ability test :**
The test shall consist of 800 mts. Race, 6x10 mts. shuttle run, 30 mts. Flying start, Standing broad jump, Pull up and Bend & reach.

Candidates/Students qualified in Motor ability test will be allowed to participate in Specific test.
 - (iii) Specific test :**
The highest mark scored by a candidate/student in the opted sports discipline is taken into account.

Candidates/Students qualified in specific test will be allowed to participate in written test.
 - (iv) Written test:**
Candidates/students shall be evaluated in English & Mathematics at class V standard.
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